

# Athletic Training

**\$120**  
**2-SESSIONS**  
**PER WEEK**

**BEGINS**

**JANUARY 7, 2023 11-12:15PM**

**JANUARY 10, 2023 7-8PM**

**EVERY**

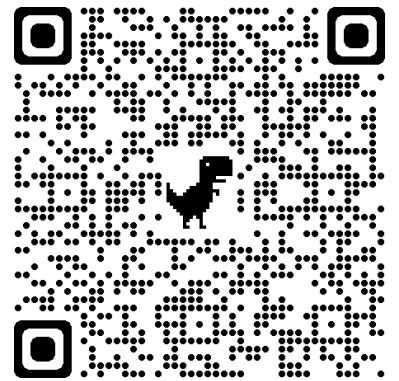
**SATURDAY 11AM + WEDNESDAY 7PM**

**AT CROSSFIT EAST PROVIDENCE**

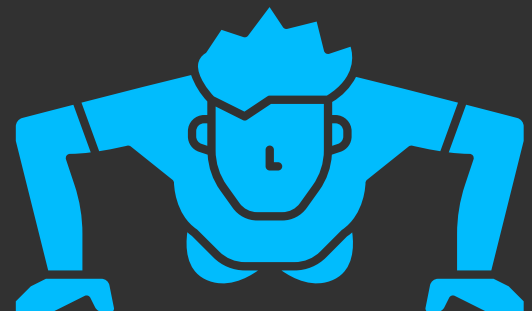
**2-MONTH COMMITMENT**  
**\*12-14 YEARS OF AGE ONLY\***



**S T R E N G T H**  
**T R A I N I N G**



**JANUARY - MARCH**



[WWW.CENTRALFALLSPANTERS.COM](http://WWW.CENTRALFALLSPANTERS.COM)